



Management's Discussion and Analysis
For the three months ended March 31, 2025

This Management's Discussion and Analysis ("MD&A"), dated May 12, 2025, should be read in conjunction with the unaudited interim condensed consolidated financial statements of Paramount Resources Ltd. ("Paramount" or the "Company") as at and for the three months ended March 31, 2025 (the "Interim Financial Statements") and Paramount's audited consolidated financial statements as at and for the year ended December 31, 2024 (the "Annual Financial Statements"). Financial data included in this MD&A has been prepared in accordance with International Financial Reporting Standards ("IFRS" or "GAAP") and is stated in millions of Canadian dollars, unless otherwise noted. All references to "\$" are to Canadian dollars and all references to "US\$" are to United States dollars. The Company's accounting policies have been applied consistently to all periods presented. Certain comparative figures have been reclassified to conform to the current year's presentation.

ABOUT PARAMOUNT

Paramount is an independent, publicly traded, liquids-rich natural gas focused Canadian energy company that explores for and develops both conventional and unconventional petroleum and natural gas. Paramount's principal properties are located in Alberta and British Columbia. Paramount commenced operations as a public company in 1978 and has adapted to a multitude of operating and economic climates over the past 45+ years. The Company's class A common shares ("Common Shares") are listed on the Toronto Stock Exchange ("TSX") under the symbol "POU". Additional information concerning Paramount, including its Annual Information Form for the year ended December 31, 2024 ("Annual Information Form"), can be found on the SEDAR+ website at www.sedarplus.ca.

Paramount's operations are organized into the Central Alberta Region, the Kaybob Region and other geographic areas, which have been grouped into "Other" for the purposes of this MD&A.

Development activities in the Central Alberta Region are currently focused on the Willesden Green Duvernay property located in central Alberta.

The Kaybob Region is located in west-central Alberta and includes the Kaybob North Duvernay development and other legacy natural gas and oil producing properties.

"Other" includes: (i) the Sinclair Montney shale gas property located west of Grande Prairie, Alberta, (ii) shale gas properties in the Horn River Basin and the Liard Basin in northeast British Columbia and (iii) lands located in Alberta prospective for cold flow heavy oil and in-situ thermal oil recovery.

Prior to their sale on January 31, 2025, the Company's Karr and Wapiti properties near Grande Prairie, Alberta were the focus of its former Grande Prairie Region development activities and operations. For presentation purposes, the remaining assets from the former Grande Prairie Region have been included in "Other" effective January 1, 2025. See the "Grande Prairie Disposition and Special Distribution" section of this MD&A.

For purposes of presentation in this MD&A, the results of operations and capital expenditures of properties included in Other have been combined with the Central Alberta Region and are labeled "Central Alberta and Other".

The Company's assets also include: (i) investments in other publicly traded and private entities; (ii) six triple-sized drilling rigs owned by the Company's wholly-owned Fox Drilling Limited Partnership ("Fox Drilling"); and (iii) strategic investments in exploration and pre-development stage assets, including prospective natural gas and oil acreage in the Mackenzie Delta and Central Mackenzie in the Northwest Territories.

SPECIFIED FINANCIAL MEASURES, PRODUCT TYPES AND OTHER ADVISORIES

This MD&A includes references to: (i) "netback" and "netback including risk management contract settlements", which are non-GAAP financial measures; (ii) certain non-GAAP ratios; (iii) "adjusted funds flow", "free cash flow", "net (cash) debt" and "net debt to adjusted funds flow", which are capital management measures used by Paramount; and (iv) certain supplementary financial measures. Readers are referred to the "Specified Financial Measures" section of this MD&A for important additional information concerning these measures.

This MD&A includes references to sales volumes of "natural gas", "condensate and oil", "NGLs", "Other NGLs" and "liquids". "Natural gas" refers to shale gas and conventional natural gas combined. "Condensate and oil" refers to condensate, light and medium crude oil, tight oil and heavy crude oil combined. "NGLs" refers to condensate and Other NGLs combined. "Other NGLs" refers to ethane, propane and butane. "Liquids" refers to condensate and oil and Other NGLs combined. Readers are referred to the "Product Type Information" section of this MD&A for a complete breakdown of sales volumes and revenues for applicable periods by the specific product types of shale gas, conventional natural gas, NGLs, light and medium crude oil, tight oil and heavy crude oil.

The disclosures in this MD&A include forward-looking information and certain oil and gas measures. Readers are referred to the Advisories section of this MD&A concerning such matters.

FINANCIAL AND OPERATING HIGHLIGHTS

Three months ended March 31	2025	2024	% Change
FINANCIAL			
Petroleum and natural gas sales	266.6	452.3	(41)
Net income	1,288.8	68.1	NM
<i>Per share – basic (\$/share)</i>	8.90	0.47	
<i>Per share – diluted (\$/share)</i>	8.74	0.46	
Cash from operating activities	149.9	201.3	(26)
<i>Per share – basic (\$/share) ⁽¹⁾</i>	1.03	1.39	
<i>Per share – diluted (\$/share) ⁽¹⁾</i>	1.02	1.35	
Adjusted funds flow ⁽¹⁾	149.1	225.6	(34)
<i>Per share – basic (\$/share)</i>	1.03	1.56	
<i>Per share – diluted (\$/share)</i>	1.01	1.52	
Free cash flow ⁽¹⁾	(90.6)	(9.5)	NM
<i>Per share – basic (\$/share)</i>	(0.63)	(0.07)	
<i>Per share – diluted (\$/share)</i>	(0.63)	(0.07)	
Total assets	3,616.4	4,458.9	(19)
Investments in securities	522.8	568.6	(8)
Long-term debt	–	–	–
Net (cash) debt ⁽¹⁾	(637.9)	68.4	NM
Total liabilities	971.0	906.7	7
Common shares outstanding (millions) ⁽²⁾	143.2	145.2	(1)
Distributions declared and paid (\$/share)	15.25	0.375	NM
OPERATING			
Sales volumes			
Natural gas (MMcf/d)	179.6	318.7	(44)
Condensate and oil (Bbl/d)	20,542	40,908	(50)
Other NGLs (Bbl/d)	3,934	6,954	(43)
Total (Boe/d)	54,409	100,977	(46)
% Liquids	45%	47%	
Realized prices ⁽¹⁾			
Natural gas (\$/Mcf)	3.25	2.84	14
Condensate and oil (\$/Bbl)	97.70	92.64	5
Other NGLs (\$/Bbl)	40.47	37.81	7
Petroleum and natural gas sales (\$/Boe)	54.43	49.24	11
Capital expenditures	215.7	213.9	1

(1) Adjusted funds flow, free cash flow and net (cash) debt are capital management measures used by Paramount. Each measure, other than net income, presented on a \$/share, \$/Bbl, \$/Mcf or \$/Boe basis is a supplementary financial measure. Refer to the "Specified Financial Measures" section of this MD&A for more information on these measures.

(2) Common shares are presented net of shares held in trust under the Company's restricted share unit plan (Common Shares): 2025: 0.3 million and 2024: 0.4 million.
 NM Not meaningful.

GRANDE PRAIRIE DISPOSITION AND SPECIAL DISTRIBUTION

On January 31, 2025, Paramount closed the sale of its Karr, Wapiti and Zama properties (the "Sold Assets") for cash proceeds of approximately \$3.3 billion, plus certain Horn River Basin properties of the acquirer (the "Grande Prairie Disposition").

The Company used a portion of the proceeds from the Grande Prairie Disposition to pay a special cash distribution of \$15.00 per Common Share (totaling \$2,148 million) in the first quarter of 2025 (the "Special Distribution"), comprised of a \$12.00 return of capital (totaling \$1,718 million) and a \$3.00 special dividend (totaling \$430 million).

Concurrently with the completion of the Grande Prairie Disposition, the capacity of the Company's financial covenant-based senior secured revolving bank credit facility (the "Paramount Facility") was amended to \$500 million and the maturity date was extended to January 31, 2029. Additional information concerning the Paramount Facility is included in the "Liquidity and Capital Resources" section of this MD&A and in the Annual Financial Statements.

Paramount's first quarter 2025 results include the results of operations of the Sold Assets from January 1, 2025 to the closing date of the Grande Prairie Disposition on January 31, 2025. The Sold Assets comprised essentially all of Paramount's production in its former Grande Prairie Region. When used in this MD&A, "Ongoing Operations" represents Paramount's total results less amounts attributed to the Sold Assets. The following table provides selected operating results of the Company:

	Q1 2025						Q1 2024					
	Ongoing Operations		Sold Assets ⁽¹⁾		Total Company		Ongoing Operations		Sold Assets		Total Company	
Sales Volumes (Boe/d) ⁽²⁾	29,705		24,704		54,409		33,838		67,139		100,977	
<i>% Liquids</i>	42%		48%		45%		42%		50%		47%	
	\$/Boe		\$/Boe		\$/Boe		\$/Boe		\$/Boe		\$/Boe	
Petroleum and natural gas sales ⁽³⁾	147.7	55.23	118.9	53.47	266.6	54.43	135.7	44.10	316.6	51.83	452.3	49.24
Royalties ⁽³⁾	(9.5)	(3.55)	(17.2)	(7.72)	(26.7)	(5.44)	(11.0)	(3.57)	(50.8)	(8.32)	(61.8)	(6.73)
Operating expense ⁽³⁾	(37.0)	(13.85)	(30.8)	(13.85)	(67.8)	(13.85)	(38.2)	(12.39)	(80.7)	(13.21)	(118.9)	(12.94)
Transportation and NGLs processing ⁽³⁾	(12.7)	(4.76)	(7.7)	(3.46)	(20.4)	(4.17)	(9.3)	(3.04)	(22.6)	(3.69)	(31.9)	(3.47)
Sales of commodities purchased ⁽³⁾	109.7	41.02	–	–	109.7	22.40	54.7	17.75	–	–	54.7	5.95
Commodities purchased ⁽³⁾	(107.2)	(40.08)	–	–	(107.2)	(21.88)	(53.4)	(17.34)	–	–	(53.4)	(5.81)
Netback ⁽⁴⁾	91.0	34.01	63.2	28.44	154.2	31.49	78.5	25.51	162.5	26.61	241.0	26.24
Capital expenditures	195.3		20.4		215.7		93.7		120.2		213.9	

(1) Results of operations from January 1, 2025 to January 30, 2025. Boe/d sales volumes calculated by dividing aggregate sales volumes from January 1, 2025 to January 30, 2025 by 90 days.

(2) Readers are referred to the "Product Type Information" section of this document for more information respecting the composition of sales volumes by the specific product types of shale gas, conventional natural gas, NGLs, light and medium crude oil, tight oil and heavy crude oil.

(3) Refer to the interim condensed consolidated statements of comprehensive income in the Interim Financial Statements.

(4) Netback is a non-GAAP financial measure. Refer to the "Specified Financial Measures" section of this MD&A for more information on these measures.

Q1 2025 OVERVIEW

Total Company sales volumes averaged 54,409 Boe/d (45% liquids) in the first quarter of 2025 compared to 102,477 Boe/d (48% liquids) in the fourth quarter of 2024. Sales volumes from Ongoing Operations were 29,705 Boe/d (42% liquids) in the first quarter of 2025 compared to 31,413 Boe/d (45% liquids) in the fourth quarter of 2024. Duvernay production accounted for approximately 15,600 Boe/d (60% liquids) of first quarter 2025 sales volumes compared to approximately 16,600 Boe/d (65% liquids) in the fourth quarter of 2024.

Net income was \$1,288.8 million (\$8.90 per basic share) in the first quarter of 2025 compared to \$87.4 million (\$0.60 per basic share) in the fourth quarter of 2024. The Company realized an after-tax gain of \$1.2 billion in the first quarter of 2025 on the Grande Prairie Disposition (\$1.6 billion before tax gain net of \$0.4 billion deferred tax expense).

First quarter 2025 cash from operating activities was \$149.9 million (\$1.03 per basic share) compared to \$187.7 million (\$1.28 per basic share) in the fourth quarter of 2024. Adjusted funds flow was \$149.1 million (\$1.03 per basic share) in the first quarter of 2025 compared to \$237.8 million (\$1.62 per basic share) in the fourth quarter of 2024. Free cash flow was (\$90.6) million ((\$0.63) per basic share) in the first quarter of 2025 compared to \$52.8 million (\$0.36 per basic share) in the fourth quarter of 2024. ⁽¹⁾

Capital expenditures totaled \$215.7 million in the first quarter of 2025 compared to \$170.8 million in the fourth quarter of 2024. First quarter 2025 capital expenditures were largely directed to the Willesden Green and Kaybob North Duvernay developments. First quarter activities also included the completion and flow testing of the Company's first two appraisal wells at Sinclair, testing two distinct benches within the Montney formation.

With these results in hand, Paramount has initiated work for a potential new dry gas processing facility at Sinclair capable of handling up to 400 MMcf/d of raw gas production, including detailed engineering and design, regulatory and other activities. This work is expected to be completed in 2025 at a cost of between \$20 million and \$50 million and will preserve optionality for the Company to sanction the development of Sinclair in the coming quarters and allow for the possibility of ordering long-lead equipment before year end. As previously disclosed, Paramount has secured downstream transportation capacity that would enable the first phase of Sinclair production to commence as early as the fourth quarter of 2027.

Asset retirement obligations settled in the first quarter of 2025 totaled \$22.2 million.

In February 2025, the Company sold all of its shares in Westbrick Energy Ltd. for cash proceeds of \$33.9 million. The carrying value of the Company's investments in securities was \$522.8 million at March 31, 2025 compared to \$563.9 million at December 31, 2024.

Paramount paid the \$15.00 per Common Share Special Distribution in February 2025, which is further described in the "Grande Prairie Disposition and Special Distribution" section of this MD&A. The Company also paid total monthly dividends of \$0.25 per Common Share or \$36.5 million in the first quarter of 2025.

Paramount purchased and cancelled 4.9 million Common Shares under its normal course issuer bid in early February 2025, prior to the Special Distribution, at a total cost of \$154.7 million.

Net cash was \$637.9 million at March 31, 2025 compared to net debt of \$188.4 million at December 31, 2024. The Paramount Facility was undrawn at March 31, 2025. ⁽¹⁾

(1) Adjusted funds flow, free cash flow and net (cash) debt are capital management measures used by Paramount. The capital management measure of net (cash) debt has been expressed as net cash and net debt in this instance for simplicity. Cash from operating activities per basic share, adjusted funds flow per basic share and free cash flow per basic share are supplementary financial measures. Refer to the "Specified Financial Measures" section of this MD&A for more information on these measures.

GUIDANCE

Paramount is now expecting 2025 capital expenditures of between \$780 million and \$840 million (previously \$760 million and \$790 million), reflecting the additional expenditures associated with the detailed engineering and design, regulatory and other activities related to the potential new dry gas processing facility at Sinclair.

The Company continues to expect annual sales volumes of between 37,500 Boe/d and 42,500 Boe/d (48% liquids). Paramount anticipates: (i) sales volumes of between 28,000 Boe/d and 32,000 Boe/d (46% liquids) until the start-up of the Alhambra Plant at Willesden Green, (ii) fourth quarter 2025 sales volumes of between 40,000 Boe/d and 45,000 Boe/d (52% liquids) and (iii) a 2025 year-end exit rate in excess of 45,000 Boe/d (52% liquids).

Paramount expects to incur abandonment and reclamation expenditures of approximately \$20 million over the final three quarters of 2025.

CONSOLIDATED RESULTS

Net Income

Paramount recorded net income of \$1,288.8 million for the three months ended March 31, 2025 compared to net income of \$68.1 million in the same period in 2024. Significant factors contributing to the change are shown below:

Three months ended March 31	
Net income – 2024	68.1
• Higher gain on sale of oil and gas assets in 2025 due to the Grande Prairie Disposition	1,603.5
• Lower depletion and depreciation expense in 2025	61.8
• Gain on risk management contracts in 2025 compared to a loss in 2024	20.4
• Higher interest income in 2025	7.0
• Higher deferred income tax expense in 2025	(358.9)
• Lower netback in 2025 mainly due to the Grande Prairie Disposition, partially offset by an interim payment of \$11.1 million from insurers for 2023 Alberta wildfire losses	(86.8)
• Transaction and reorganization costs in 2025 primarily related to cash payments made to optionholders on the surrender of their Paramount Options	(23.7)
• Higher share-based compensation expense in 2025	(11.2)
• Other	8.6
Net income – 2025	1,288.8

Cash From Operating Activities

Cash from operating activities for the three months ended March 31, 2025 was \$149.9 million compared to \$201.3 million in the same period in 2024. Significant factors contributing to the change are shown below:

Three months ended March 31	
Cash from operating activities – 2024	201.3
<ul style="list-style-type: none"> • Lower netback in 2025 mainly due to the Grande Prairie Disposition, partially offset by an interim payment of \$11.1 million from insurers for 2023 Alberta wildfire losses • Transaction and reorganization costs in 2025 primarily related to cash payments made to optionholders on the surrender of their Paramount Options • Change in non-cash working capital • Higher interest income in 2025 • Other 	(86.8) (23.7) 51.6 7.0 0.5
Cash from operating activities – 2025	149.9

Adjusted Funds Flow

The following is a reconciliation of adjusted funds flow to cash from operating activities, the most directly comparable measure disclosed in the primary financial statements of the Company:

Three months ended March 31	2025	2024
Cash from operating activities	149.9	201.3
Change in non-cash working capital ⁽¹⁾	(48.0)	3.6
Geological and geophysical expense ⁽²⁾	1.8	4.7
Asset retirement obligations settled ⁽¹⁾	22.2	16.5
Provisions ⁽³⁾	(0.5)	(0.5)
Transaction and reorganization costs ⁽⁴⁾	23.7	–
Adjusted funds flow ⁽⁵⁾	149.1	225.6
Adjusted funds flow (\$/Boe) ⁽⁶⁾	30.42	24.55

(1) Refer to the interim condensed consolidated statements of cash flows in the Interim Financial Statements.

(2) Refer to Note 2 in the Interim Financial Statements.

(3) Refer to Note 13 in the Interim Financial Statements.

(4) Refer to the interim condensed consolidated statements of comprehensive income in the Interim Financial Statements.

(5) Adjusted funds flow is a capital management measure used by Paramount. Refer to the "Specified Financial Measures" section of this MD&A for more information on this measure.

(6) Adjusted funds flow (\$/Boe) is a supplementary financial measure. Refer to the "Specified Financial Measures" section of this MD&A for more information.

Adjusted funds flow for the three months ended March 31, 2025 was \$149.1 million compared to \$225.6 million in the same period in 2024. Significant factors contributing to the change are shown below:

Three months ended March 31	
Adjusted funds flow – 2024	225.6
<ul style="list-style-type: none"> • Lower netback in 2025 mainly due to the Grande Prairie Disposition, partially offset by an interim payment of \$11.1 million from insurers for 2023 Alberta wildfire losses • Higher interest income in 2025 • Other 	(86.8) 7.0 3.3
Adjusted funds flow – 2025	149.1

Free Cash Flow

The following is a reconciliation of free cash flow to cash from operating activities, the most directly comparable measure disclosed in the primary financial statements of the Company:

Three months ended March 31	2025	2024
Cash from operating activities	149.9	201.3
Change in non-cash working capital ⁽¹⁾	(48.0)	3.6
Geological and geophysical expense ⁽²⁾	1.8	4.7
Asset retirement obligations settled ⁽¹⁾	22.2	16.5
Provisions ⁽³⁾	(0.5)	(0.5)
Transaction and reorganization costs ⁽⁴⁾	23.7	–
Adjusted funds flow	149.1	225.6
Capital expenditures ⁽¹⁾	(215.7)	(213.9)
Geological and geophysical expense ⁽²⁾	(1.8)	(4.7)
Asset retirement obligations settled ⁽¹⁾	(22.2)	(16.5)
Free cash flow ⁽⁵⁾	(90.6)	(9.5)

(1) Refer to the interim condensed consolidated statements of cash flows in the Interim Financial Statements.

(2) Refer to Note 2 in the Interim Financial Statements.

(3) Refer to Note 13 in the Interim Financial Statements.

(4) Refer to the interim condensed consolidated statements of comprehensive income in the Interim Financial Statements.

(5) Free cash flow is a capital management measure used by Paramount. Refer to the "Specified Financial Measures" section of this MD&A for more information on this measure.

Free cash flow for the three months ended March 31, 2025 was (\$90.6) million compared to (\$9.5) million for the three months ended March 31, 2024. Significant factors contributing to the change are shown below:

Three months ended March 31	
Free cash flow – 2024	(9.5)
<ul style="list-style-type: none"> • Lower adjusted funds flow in 2025 (described in "Adjusted Funds Flow" section above) • Higher asset retirement obligations settled in 2025 • Higher capital expenditures in 2025 • Lower geological and geophysical expense in 2025 	<ul style="list-style-type: none"> (76.5) (5.7) (1.8) 2.9
Free cash flow – 2025	(90.6)

OPERATING RESULTS

Netback

Three months ended March 31	2025		2024	
		(\$/Boe) ⁽¹⁾⁽²⁾		(\$/Boe) ⁽¹⁾⁽²⁾
Natural gas revenue ⁽³⁾	52.6	3.25	82.4	2.84
Condensate and oil revenue ⁽³⁾	180.6	97.70	344.8	92.64
Other NGLs revenue ⁽³⁾	14.3	40.47	23.9	37.81
Natural gas transportation assignment income ⁽³⁾	7.4	0.46	–	–
Royalty income and other revenue ⁽³⁾	11.7	–	1.2	–
Petroleum and natural gas sales ⁽⁴⁾	266.6	54.43	452.3	49.24
Royalties ⁽⁴⁾	(26.7)	(5.44)	(61.8)	(6.73)
Operating expense ⁽⁴⁾	(67.8)	(13.85)	(118.9)	(12.94)
Transportation and NGLs processing ⁽⁴⁾	(20.4)	(4.17)	(31.9)	(3.47)
Sales of commodities purchased ⁽⁴⁾	109.7	22.40	54.7	5.95
Commodities purchased ⁽⁴⁾	(107.2)	(21.88)	(53.4)	(5.81)
Netback ⁽⁵⁾	154.2	31.49	241.0	26.24
Risk management contract settlements ⁽⁶⁾	1.6	0.32	(0.5)	(0.05)
Netback including risk management contract settlements ⁽⁷⁾	155.8	31.81	240.5	26.19

(1) Natural gas revenue and natural gas transportation assignment income shown per Mcf.

(2) When presented on a \$/Boe or \$/Mcf basis, each of the components of Netback is a supplementary financial measure. Refer to the "Specified Financial Measures" section of this MD&A for more information on these measures.

(3) Refer to Note 12 in the Interim Financial Statements.

(4) Refer to the interim condensed consolidated statements of comprehensive income in the Interim Financial Statements.

(5) Netback is a non-GAAP financial measure. Netback presented on a \$/Boe basis is a non-GAAP ratio. Refer to the "Specified Financial Measures" section of this MD&A for more information on these measures.

(6) Refer to Note 11 in the Interim Financial Statements.

(7) Netback including risk management contract settlements is a non-GAAP financial measure. Netback including risk management contract settlements presented on a \$/Boe basis is a non-GAAP ratio. Refer to the "Specified Financial Measures" section of this MD&A for more information on these measures.

Petroleum and natural gas sales were \$266.6 million in the first quarter of 2025 compared to \$452.3 million in the same period in 2024. The decrease in 2025 was mainly due to the Grande Prairie Disposition, the impact of which was partially offset by the effects of an 11 percent increase in average realized petroleum and natural gas sales prices per Boe over the same period.

The impact of changes in prices and sales volumes on petroleum and natural gas sales are as follows:

	Natural gas	Condensate and oil	Other NGLs	Natural gas transportation assignment and royalty income and other revenue	Total
Three months ended March 31, 2024	82.4	344.8	23.9	1.2	452.3
Effect of changes in sales volumes	(36.4)	(173.6)	(10.5)	–	(220.5)
Effect of changes in prices	6.6	9.4	0.9	–	16.9
Change in natural gas transportation assignment and royalty income and other revenue	–	–	–	17.9	17.9
Three months ended March 31, 2025	52.6	180.6	14.3	19.1	266.6

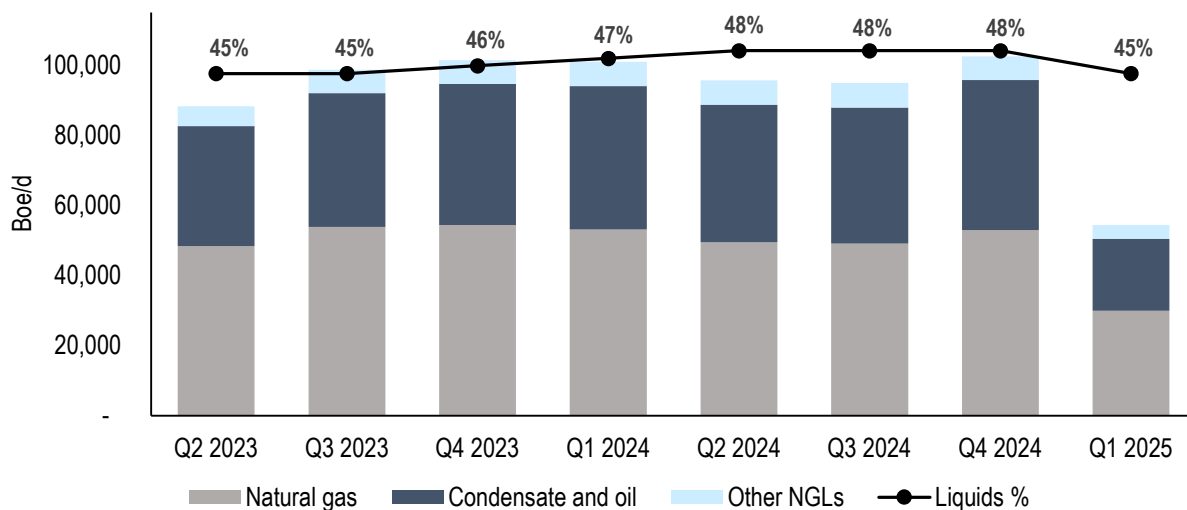
Natural gas transportation assignment income for the three months ended March 31, 2025 relates to proceeds realized by the Company on the assignment of a portion of its first quarter 2025 ex-Alberta natural gas transportation capacity to third parties. The assignee was responsible for the cost of the transportation assigned.

Royalty income and other revenue for the three months ended March 31, 2025 includes \$11.1 million related to a second interim payment from insurers for 2023 Alberta wildfire losses. The Company has realized \$21.1 million in aggregate interim payments in respect of its 2023 Alberta wildfire losses to date and continues to advance its insurance claims process.

Sales Volumes

	Three months ended March 31											
	Natural gas (MMcf/d) ⁽¹⁾			Condensate and oil (Bbl/d) ⁽¹⁾			Other NGLs (Bbl/d) ⁽¹⁾			Total (Boe/d) ⁽¹⁾		
	2025	2024	Chg	2025	2024	Chg	2025	2024	Chg	2025	2024	Chg
Central Alberta and Other	21.2	38.8	(45%)	3,612	3,883	(7%)	1,186	1,144	4%	8,334	11,485	(27%)
Kaybob	81.5	78.3	4%	6,500	7,823	(17%)	1,292	1,480	(13%)	21,371	22,353	(4%)
Ongoing Operations	102.7	117.1	(12%)	10,112	11,706	(14%)	2,478	2,624	(6%)	29,705	33,838	(12%)
Sold Assets	76.9	201.6	(62%)	10,430	29,202	(64%)	1,456	4,330	(66%)	24,704	67,139	(63%)
Total	179.6	318.7	(44%)	20,542	40,908	(50%)	3,934	6,954	(43%)	54,409	100,977	(46%)

(1) Readers are referred to the "Product Type Information" section of this document for more information respecting the composition of sales volumes by the specific product types of shale gas, conventional natural gas, NGLs, light and medium crude oil, tight oil and heavy crude oil.



Total Company sales volumes averaged 54,409 Boe/d (45% liquids) in the first quarter of 2025 compared to 100,977 Boe/d (47% liquids) in the same period in 2024. The decrease in total Company sales volumes in 2025 was mainly due to the Grande Prairie Disposition and, to a lesser extent, lower sales volumes from Ongoing Operations.

Sales volumes from Ongoing Operations averaged 29,705 Boe/d (42% liquids) in the first quarter of 2025 compared to 33,838 Boe/d (42% liquids) in the same period in 2024.

Central Alberta Region and Other sales volumes averaged 8,334 Boe/d (58% liquids) in the first quarter of 2025 compared to 11,485 Boe/d (44% liquids) in the same period in 2024. The decrease in 2025 was primarily due to the shut-in of approximately 2,800 Boe/d of Horn River Basin dry gas production in the second quarter of 2024. The Company brought onstream three Duvernay wells at Willesden Green during the first quarter of 2025.

Kaybob Region sales volumes averaged 21,371 Boe/d (36% liquids) in the first quarter of 2025 compared to 22,353 Boe/d (42% liquids) in the same period in 2024. The decrease in sales volumes was mainly due to the sale of certain non-core properties in February 2024. Paramount brought onstream four Duvernay wells at Kaybob North at the end of the first quarter of 2025.

Commodity Prices

Three months ended March 31	2025	2024	% Chg
Natural Gas ⁽¹⁾			
Paramount realized natural gas price (\$/Mcf)	3.25	2.84	14
AECO daily spot (\$/GJ)	2.05	2.36	(13)
AECO monthly index (\$/GJ)	1.92	1.94	(1)
Dawn (\$/MMBtu)	5.53	2.81	97
NYMEX (US\$/MMBtu)	3.87	2.09	85
Malin daily index (US\$/MMBtu)	3.25	3.14	4
Condensate and Oil ⁽¹⁾			
Paramount realized condensate & oil price (\$/Bbl)	97.70	92.64	5
Edmonton light sweet crude oil (\$/Bbl)	94.99	95.45	–
Edmonton condensate (\$/Bbl)	98.92	99.24	–
West Texas Intermediate crude oil (US\$/Bbl)	71.42	76.96	(7)
Other NGLs ⁽¹⁾			
Paramount realized Other NGLs price (\$/Bbl)	40.47	37.81	7
Conway – propane (\$/Bbl)	52.57	44.75	17
Belvieu – butane (\$/Bbl)	58.27	56.70	3
Foreign Exchange			
\$ / 1 \$US	1.43	1.35	6

(1) Realized prices per Mcf and Bbl are supplementary financial measures. Refer to the "Specified Financial Measures" section of this MD&A for more information.

Paramount's current natural gas portfolio primarily consists of sales priced at Alberta, the California/Oregon border and Eastern Canada markets, which are sold in a combination of daily, monthly, seasonal and fixed basis differential physical contracts. In the first quarter of 2025, Paramount's natural gas sales portfolio included arrangements to sell approximately 40,000 GJ/d of natural gas at Dawn, approximately 22,000 GJ/d of natural gas at Malin and approximately 20,000 GJ/d of natural gas at Emerson. The Company's natural gas sales portfolio in the first quarter of 2024 included arrangements to sell approximately 60,000 GJ/d of natural gas at Dawn and approximately 22,000 GJ/d of natural gas at Malin. With the natural gas market diversification contracts currently in place, approximately 70 percent of the Company's expected natural gas sales volumes for the remainder of 2025 will benefit from exposure to markets outside of AECO.

The Company ships the majority of its condensate and crude oil production on third-party pipelines for sale in Edmonton, Alberta. A portion of Paramount's production is sold at the lease when warranted by economic or operational factors. Sales prices for condensate and oil are based on West Texas Intermediate reference prices and market index differentials, which are further adjusted for transportation and quality.

NGLs (consisting of propane, butane and condensate from fractionation) are sold under monthly and long-term contracts with prices primarily based on the Edmonton market with some diversification to alternate markets, adjusted for transportation and fractionation costs.

The Company had the following fixed price and basis differential physical contracts at March 31, 2025:

	Volume	Location	Average price	Remaining Term
Natural gas (Sale)	19,327 GJ/d	Dawn	AECO + \$2.06/GJ	April 2025 – October 2025
Natural gas basis swap ⁽¹⁾	38,654 GJ/d	AECO / Dawn	\$1.59/GJ	November 2025 – October 2027

(1) Paramount sells at Dawn at a fixed price of \$4.51/GJ and buys at AECO at a fixed price of \$2.92/GJ resulting in a net amount of \$1.59/GJ.

Risk Management Contracts

Commodity Contracts

From time to time, Paramount uses financial commodity contracts to manage exposure to commodity price volatility. Changes in the fair value of the Company's financial commodity contracts are as follows:

	Three months ended March 31, 2025
Fair value, beginning of period	3.8
Changes in fair value	9.0
Settlements (received) paid	(1.6)
Fair value, end of period	11.2

Paramount had the following financial commodity contracts at March 31, 2025:

Instruments	Aggregate notional	Average price	Remaining term
Oil			
NYMEX WTI Swaps (Sale) ⁽¹⁾	10,000 Bbl/d	\$105.00/Bbl	April 2025 – December 2025
Natural Gas			
Citygate / Malin Basis Swap ⁽²⁾	10,000 MMBtu/d	Citygate less US\$1.03/MMBtu (Sell) Malin (Buy)	April 2025 – October 2027

(1) "NYMEX" means New York Mercantile Exchange and "WTI" means West Texas Intermediate.

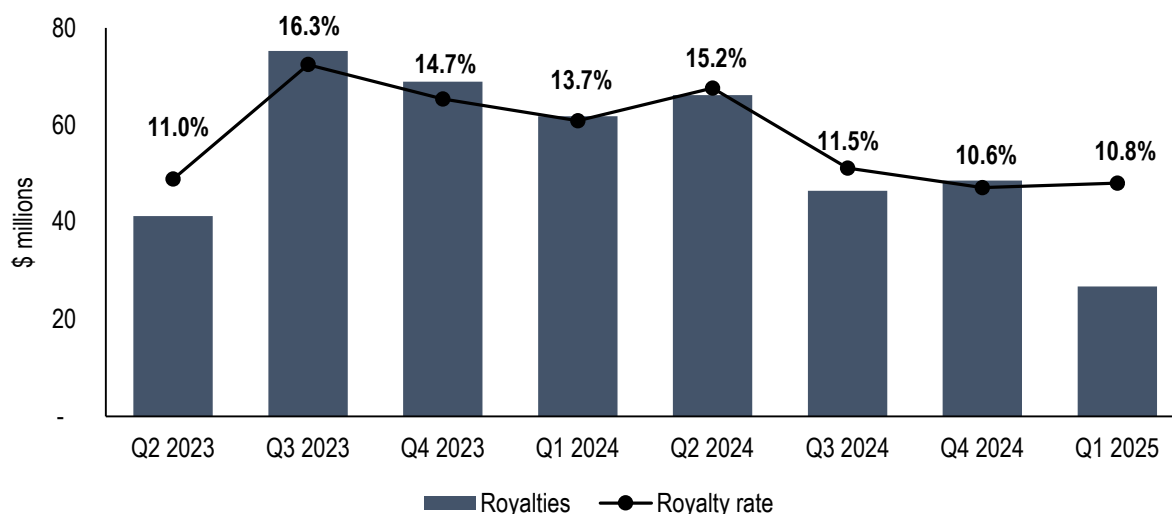
(2) "Citygate" refers to Pacific Gas & Electric Citygate and "Malin" refers to Pacific Gas & Electric Malin. Pursuant to the swap transaction Paramount sells at Citygate less US\$1.03/MMBtu and buys at Malin. The transaction is financially settled with no physical delivery.

For further details on the Company's financial commodity contracts, refer to Note 11 in the Interim Financial Statements.

Royalties

Three months ended March 31	2025	Rate ⁽¹⁾	2024	Rate ⁽¹⁾
Ongoing Operations	9.5	7.4%	11.0	8.2%
Sold Assets	17.2	14.4%	50.8	16.1%
Royalties – Total Company	26.7	10.8%	61.8	13.7%
<i>\$/Boe – Ongoing Operations ⁽¹⁾</i>	<i>3.55</i>		3.57	
<i>\$/Boe – Total Company ⁽¹⁾</i>	<i>5.44</i>		6.73	

(1) Royalty rate and royalties per Boe are supplementary financial measures. Refer to the "Specified Financial Measures" section of this MD&A for more information.



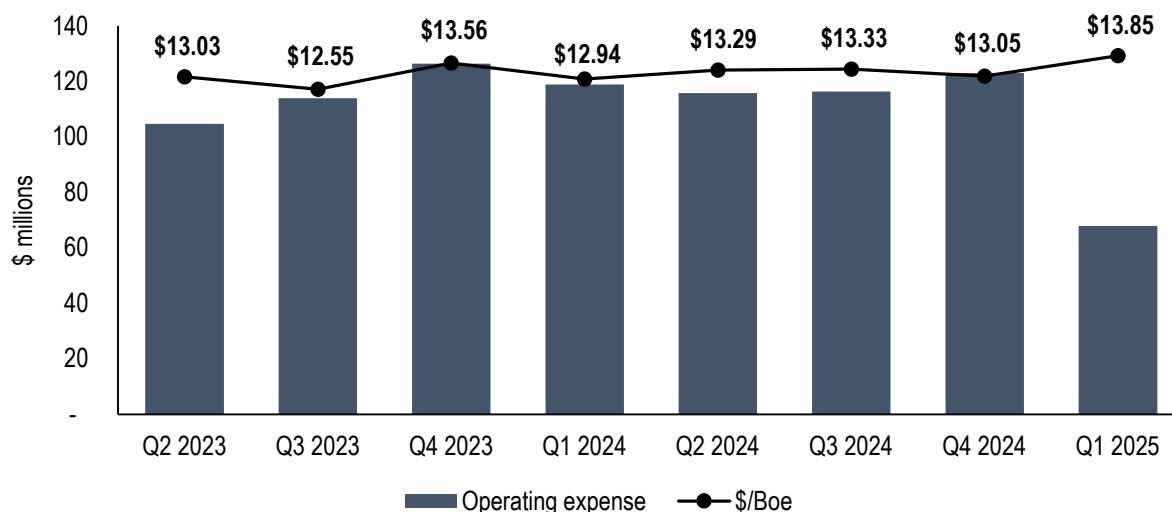
Total Company royalties were \$26.7 million in the first quarter of 2025 compared to \$61.8 million in the same period in 2024. Royalties and royalty rates decreased in the first quarter of 2025 mainly due to the Grande Prairie Disposition.

Royalties from Ongoing Operations were \$9.5 million in the first quarter of 2025, relatively consistent compared to \$11.0 million in the same period in 2024.

Operating Expense

Three months ended March 31	2025	2024	% Chg
Ongoing Operations	37.0	38.2	(3)
Sold Assets	30.8	80.7	(62)
Operating expense – Total Company	67.8	118.9	(43)
<i>\$/Boe – Ongoing Operations ⁽¹⁾</i>	<i>13.85</i>	<i>12.39</i>	<i>12</i>
<i>\$/Boe – Total Company ⁽¹⁾</i>	<i>13.85</i>	<i>12.94</i>	<i>7</i>

(1) Operating expense per Boe is a supplementary financial measure. Refer to the "Specified Financial Measures" section of this MD&A for more information.



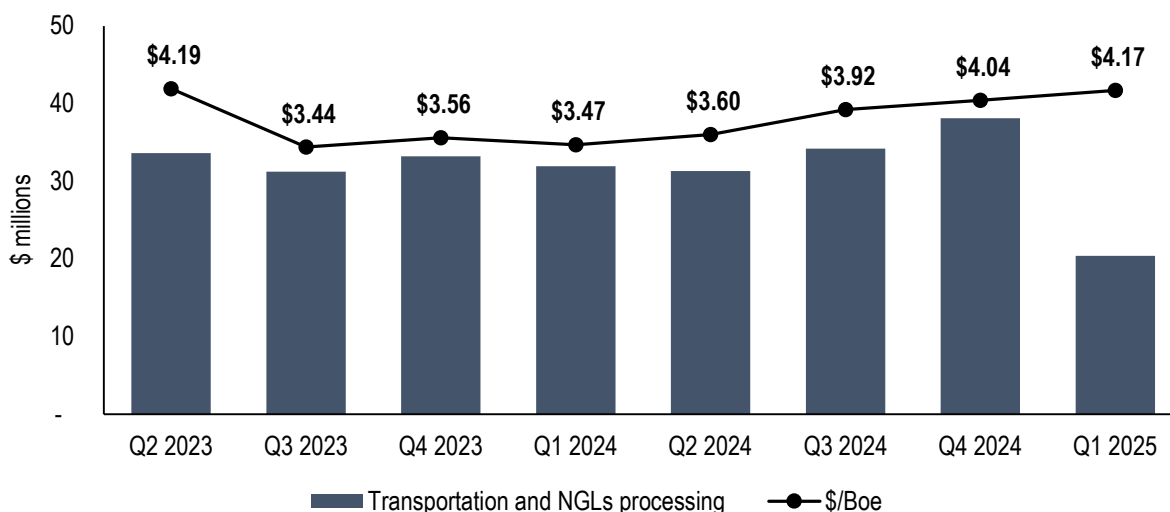
Total Company operating expense was \$67.8 million (\$13.85/Boe) in the first quarter of 2025 compared to \$118.9 million (\$12.94/Boe) in the same period in 2024. Total Company operating expense decreased due to the Grande Prairie Disposition.

Operating expense relating to Ongoing Operations decreased to \$37.0 million (\$13.85/Boe) in the first quarter of 2025 compared to \$38.2 million (\$12.39/Boe) in the same period in 2024, primarily due to lower sales volumes.

Transportation and NGLs Processing

Three months ended March 31	2025	2024	% Chg
Ongoing Operations	12.7	9.3	37
Sold Assets	7.7	22.6	(66)
Transportation and NGLs processing – Total Company	20.4	31.9	(36)
<i>\$/Boe – Ongoing Operations ⁽¹⁾</i>	<i>4.76</i>	<i>3.04</i>	<i>57</i>
<i>\$/Boe – Total Company ⁽¹⁾</i>	<i>4.17</i>	<i>3.47</i>	<i>20</i>

(1) Transportation and NGLs processing per Boe is a supplementary financial measure. Refer to the "Specified Financial Measures" section of this MD&A for more information.



Total Company transportation and NGLs processing expense in the first quarter of 2025 was \$20.4 million (\$4.17/Boe) compared to \$31.9 million (\$3.47/Boe) in the same period in 2024. Total Company transportation and NGLs processing expense decreased mainly due to the Grande Prairie Disposition. The acquiror assumed Paramount's processing and transportation commitments related to the Sold Assets in connection with the Grande Prairie Disposition.

Transportation and NGLs processing expense from Ongoing Operations in the first quarter of 2025 was \$12.7 million (\$4.76/Boe) compared to \$9.3 million (\$3.04/Boe) in the same period in 2024. Following the Grande Prairie Disposition and the assignment of transportation capacity to the acquiror, a greater proportion of Paramount's remaining transportation capacity is to markets outside of Alberta, which have a higher per unit cost. Approximately 70 percent of the Company's natural gas volumes for the remainder of 2025 will benefit from exposure to markets outside of AECO.

Sales of Commodities Purchased and Commodities Purchased

Three months ended March 31	2025	2024	% Chg
Sales of commodities purchased	109.7	54.7	101
Commodities purchased	(107.2)	(53.4)	101

Paramount purchases commodities from third parties from time to time to fulfill sales commitments and for blending purposes. These transactions are presented as separate revenue and expense items in the consolidated statements of comprehensive income in the Interim Financial Statements.

Other Items

Three months ended March 31	2025	2024
Depletion and depreciation expense	51.3	111.3
Change in asset retirement obligations	1.7	3.5
Exploration and evaluation expense	1.8	4.7
Gain on sale of oil and gas assets	(1,619.1)	(15.6)
Accretion of asset retirement obligations	7.2	10.5

Depletion and depreciation expense was \$51.3 million in the first quarter of 2025, compared to \$111.3 million in the first quarter of 2024. The decrease in depletion and depreciation expense in 2025 was mainly due to the Grande Prairie Disposition.

The Company closed the Grande Prairie Disposition on January 31, 2025, receiving approximately \$3.3 billion in cash, plus certain Horn River Basin properties of the acquiror. A gain of \$1.6 billion on sale of oil and gas assets was realized on the sale.

In February 2024, Paramount sold certain non-core Kaybob assets for \$45.4 million cash and the retention of a two percent no-deduction gross overriding royalty on the undeveloped Montney acreage forming part of the assets. The Company realized a \$14.3 million gain on sale of oil and gas assets in 2024 in connection with the transaction.

ASSET RETIREMENT OBLIGATIONS

Asset retirement obligations settled in the first quarter of 2025 totaled \$22.2 million. Activities in the first quarter of 2025 included the abandonment of ten wells and the reclamation of three sites.

At March 31, 2025, the Company's asset retirement obligations were \$353.8 million (discounted at 7.0 percent per annum and using an inflation rate of 2.0 percent per annum) compared to \$341.0 million at December 31, 2024 (discounted at 7.0 percent per annum and using an inflation rate of 2.0 percent per annum), which excluded asset retirement obligations related to the Sold Assets that were presented separately as liabilities associated with assets held for sale at December 31, 2024. For further details concerning the Company's asset retirement obligations, refer to Note 6 in the Interim Financial Statements.

OTHER ASSETS

Investments in Securities

As at	March 31, 2025	December 31, 2024
Level One Securities	431.3	439.2
Level Three Securities	91.5	124.7
	522.8	563.9

Paramount holds investments in a number of publicly-traded and private entities as part of its portfolio of investments. Investments in securities that are listed on a public stock exchange are classified as level one fair value hierarchy securities ("Level One Securities") and carried at their period-end trading prices. Investments in securities that are not listed on a public stock exchange are classified as level three fair value hierarchy securities ("Level Three Securities"). Estimates of fair values for these investments are based on valuation techniques that incorporate unobservable inputs.

Level One Securities at March 31, 2025 included 31.3 million shares of NuVista Energy Ltd. ("NuVista Shares") (December 31, 2024 – 31.3 million NuVista Shares), which had a carrying value of \$425.0 million (December 31, 2024 – \$431.9 million).

Level Three Securities at March 31, 2025 included investments in the shares of Sultran Ltd. and other minor investments in securities not listed on a public stock exchange ("Other Investments"). At December 31, 2024, Level Three Securities included investments in the shares of Sultran Ltd., Westbrick Energy Ltd. and Other Investments. In the first quarter of 2025, Paramount sold all of its shares in Westbrick Energy Ltd. for cash consideration of \$33.9 million, resulting in \$22.2 million of accumulated gains, net of tax, being reclassified from reserves to retained earnings.

In the first quarter of 2025, the Company recorded an unrealized before tax loss of \$7.2 million to other comprehensive income related to changes in the fair value estimates of its investments in securities.

For additional details concerning the Company's investments in securities, refer to Note 4 in the Interim Financial Statements.

CORPORATE

Three months ended March 31	2025	2024
General and administrative expense	14.1	14.4
Share-based compensation expense	18.6	7.4
Interest and financing expense	2.5	1.6
Transaction and reorganization costs	23.7	–
Deferred income tax expense	383.0	24.1
Other	(10.4)	(0.4)

General and administrative expense was \$14.1 million in the first quarter of 2025, comparable to \$14.4 million in the same period in 2024.

Share-based compensation expense was \$18.6 million in the first quarter of 2025, compared to \$7.4 million in the first quarter of 2024. The increase was mainly due to current year grants under the Company's short-term incentive program being made without vesting periods. Previously, grants under the short-term incentive program vested over a two year period.

Deferred income tax expense was \$383.0 million in the first quarter of 2025, compared to \$24.1 million in the same period in 2024. The increase in deferred income tax expense in the first quarter of 2025 was primarily related to the gain realized on the Grande Prairie Disposition.

Transaction and reorganization costs in the first quarter of 2025 totaled \$23.7 million, including \$22.0 million relating to cash payments made by the Company on the surrender of options to acquire Common Shares ("Paramount Options") by holders in connection with the Special Distribution, which is further described in the "Liquidity and Capital Resources – Paramount Options and Share Capital" section of this MD&A.

Other in the first quarter of 2025 was mainly related to interest of \$7.4 million (2024 – \$0.4 million) earned on cash and cash equivalents.

CAPITAL EXPENDITURES AND LAND AND PROPERTY ACQUISITIONS

Capital Expenditures

Three months ended March 31	2025	2024
Drilling, completion, equipping and tie-ins	172.2	147.2
Facilities and gathering	37.5	69.2
Drilling rigs	3.1	4.0
Corporate	2.9	(6.5)
Capital expenditures	215.7	213.9
Central Alberta Region and Other	138.3	39.9
Kaybob Region	51.0	56.3
Fox Drilling	3.1	4.0
Corporate ⁽¹⁾	2.9	(6.5)
Ongoing Operations	195.3	93.7
Sold Assets	20.4	120.2
Capital expenditures	215.7	213.9

(1) Includes transfers of amounts held in Corporate to and from regions.

Land and Property Acquisitions

Three months ended March 31	2025	2024
Land and property acquisitions	3.2	0.6

Capital expenditures totaled \$215.7 million in the first quarter of 2025, compared to \$213.9 million in the first quarter of 2024. Significant capital program activities relating to Ongoing Operations in the first quarter of 2025 are described below:

- Paramount drilled one (1.0 net) Duvernay well and completed and brought onstream three (3.0 net) Duvernay wells at Willesden Green.
- Construction of the first phase of the Alhambra Plant at Willesden Green continued to progress as planned and on budget, with start-up expected by the fourth quarter of 2025. Significant milestones achieved in the first quarter include the delivery of final equipment packages and the construction of gathering pipelines and egress infrastructure. Paramount has commenced operational readiness activities for the new plant, including the hiring and training of personnel to support testing and commissioning activities.
- The Company drilled two (2.0 net) Duvernay wells and completed and brought onstream four (4.0 net) Duvernay wells at Kaybob North.

Land and property acquisitions totaled \$3.2 million in the first quarter of 2025 compared to \$0.6 million in the same period in 2024.

LIQUIDITY AND CAPITAL RESOURCES

The Company's primary objectives in managing its capital structure are to:

- i. ensure liquidity to fund ongoing operations and capital programs, the settlement of obligations when due and the payment of regular monthly dividends;
- ii. preserve financial flexibility and access to capital markets, including for the pursuit of strategic initiatives; and
- iii. maximize shareholder returns considering the risk environment.

Paramount monitors and assesses its capital structure for alignment with its current and long-term business plans and will, guided by its primary capital management objectives, seek to adjust the structure as necessary in response to changes in its business plans, plans for shareholder returns, economic and operating conditions, financial and operating results, strategic initiatives and the Company's assessment of the risk environment. Paramount may adjust its capital structure through a number of means, including by modifying capital spending programs, seeking to issue or repurchase shares, altering debt levels, modifying dividend levels or acquiring or disposing of assets.

The key capital management measures used by the Company in monitoring and assessing its capital structure are net (cash) debt, adjusted funds flow, the ratio of net debt to adjusted funds flow and free cash flow. These measures are not standardized measures and therefore may not be comparable with the calculation of similar measures by other entities. Readers are referred to the "Specified Financial Measures" section of this MD&A and Note 15 in the Interim Financial Statements for important additional information concerning these measures.

The calculation of net (cash) debt is as follows:

As at	March 31, 2025	December 31, 2024
Cash and cash equivalents	(842.9)	(2.4)
Accounts receivable ⁽¹⁾	(111.4)	(191.8)
Prepaid expenses and other	(12.7)	(17.4)
Accounts payable and accrued liabilities	329.1	227.0
Long-term debt	-	173.0
Net (cash) debt	(637.9)	188.4

(1) December 31, 2024 balance excludes \$0.8 million of accounts receivable relating to lease incentives.

Net (cash) debt does not account for the \$522.8 million carrying value of the Company's investments in securities as at March 31, 2025 (December 31, 2024 – \$563.9 million).

Paramount's operations are capital intensive and adequate sources of liquidity are required to fund ongoing exploration and development activities, discharge asset retirement obligations and satisfy its other contractual obligations and commitments. Paramount's available capital resources include cash from operating activities, cash and cash equivalents and available capacity under the Paramount Facility.

Based on the forecasts of 2025 sales volumes set out in this MD&A under the "Guidance" section, the Company expects to fully fund its forecast 2025 annual capital expenditures, abandonment and reclamation expenditures and regular monthly dividends from cash from operating activities and cash and cash equivalents.

Paramount may also determine to divest of assets or investments in securities from time to time to reduce indebtedness or fund operations. In January 2025, Paramount received cash proceeds of approximately \$3.3 billion on closing of the Grande Prairie Disposition and repaid all remaining drawings outstanding under the Paramount Facility. In February 2025, the Company paid the \$2.1 billion Special Distribution to shareholders and also received cash proceeds of \$33.9 million from the disposition of investments in securities. In 2024, the Company received cash proceeds of \$126.8 million from the disposition of assets and investments in securities. Subject to market conditions and availability, proceeds from new debt and/or equity financings may also provide additional sources of capital from time to time.

Paramount Facility

The Company currently has a \$500 million financial covenant-based senior secured revolving bank credit facility, which was amended and extended in January 2025 in conjunction with the closing of the Grande Prairie Disposition. The Paramount Facility is secured by a charge over substantially all of the assets of the Company and its subsidiaries and has a maturity date of January 31, 2029.

At Paramount's request, the capacity of the Paramount Facility can be increased from \$500 million to up to \$750 million pursuant to an accordion feature in the facility, subject to incremental lender commitments and the Company achieving average quarterly production of at least 55,000 Boe/d for two consecutive fiscal quarters.

The Company had undrawn letters of credit outstanding under the Paramount Facility totaling \$4.7 million at March 31, 2025 (December 31, 2024 – \$7.5 million) that reduce the amount available to be drawn on the facility.

For additional information concerning the Paramount Facility, refer to Note 8 of the Annual Financial Statements.

Unsecured Letter of Credit Facility

The Company has a \$90 million unsecured demand revolving letter of credit facility (the "LC Facility") with a Canadian bank. Paramount's obligations under the LC Facility are supported by a performance security guarantee from Export Development Canada, which is valid to June 30, 2026. At March 31, 2025, \$33.7 million in undrawn letters of credit were outstanding under the LC Facility (December 31, 2024 – \$29.4 million).

Cash Flow Hedges

The Company had the following electricity swaps at March 31, 2025:

Contract type	Aggregate notional ⁽¹⁾	Average fixed contract rate ⁽¹⁾	Remaining term
Electricity Swaps (Buy)	240 MWh/d	\$71.13/MWh	April 2025 – December 2025
Electricity Swaps (Buy)	120 MWh/d	\$58.79/MWh	April 2025 – December 2029
Electricity Swaps (Buy)	120 MWh/d	\$58.19/MWh	January 2026 – December 2028
Electricity Swaps (Buy)	120 MWh/d	\$61.73/MWh	January 2026 – December 2030

(1) Floating hourly rate established by the Alberta Electric System Operator. "MWh" means megawatt-hour.

The Company has classified its electricity swaps as cash flow hedges and applied hedge accounting. There were no changes to the critical terms of the hedging relationships and no hedge ineffectiveness was identified at March 31, 2025.

Paramount Options and Share Capital

In connection with the Special Distribution, in February 2025:

- i. all outstanding unvested Paramount Options with an exercise price less than \$15.00 were vested;
- ii. 0.9 million Paramount Options were surrendered by holders in consideration for cash payments by Paramount totaling \$22.0 million, calculated as the difference between the market price of the Common Shares and the exercise price of the applicable Paramount Options surrendered; and
- iii. the exercise price of all Paramount Options with an exercise price of greater than \$15.00 was reduced by \$15.00.

Transaction and reorganization costs in the first quarter of 2025 include \$22.0 million in respect of the cash payments made by the Company on the surrender of Paramount Options.

In the first quarter of 2025, Paramount issued 1.1 million Common Shares on the exercise of Paramount Options.

At May 9, 2025, Paramount had 143.2 million Common Shares outstanding (net of 0.3 million Common Shares held in trust under the Company's restricted share unit plan) and 7.9 million Paramount Options outstanding, of which 1.6 million Paramount Options are exercisable.

Distributions

In the first quarter of 2025, Paramount declared and paid monthly cash dividends totaling \$0.25 per Common Share or \$36.5 million (first quarter of 2024 – \$0.375 per Common Share or \$54.1 million). The Company also paid a cash dividend of \$0.05 per Common Share or \$7.2 million on April 30, 2025 to shareholders of record on April 15, 2025.

In addition, Paramount paid the \$15.00 per Common Share Special Distribution in the first quarter of 2025, which is further described in the "Grande Prairie Disposition and Special Distribution" section of this MD&A.

In May 2025, Paramount declared a cash dividend of \$0.05 per Common Share that is payable on May 30, 2025 to shareholders of record on May 15, 2025.

Normal Course Issuer Bid

In July 2024, Paramount implemented a normal course issuer bid (the "NCIB") under which the Company may purchase up to 7.9 million Common Shares for cancellation. The NCIB will terminate on the earlier of July 7, 2025 and the date on which the maximum number of Common Shares that can be acquired pursuant to the NCIB are purchased. Purchases of Common Shares under the NCIB will be made through the facilities of the Toronto Stock Exchange or alternative Canadian trading systems at the market price at the time of purchase.

In early February 2025, prior to the Special Distribution, Paramount purchased and cancelled 4.9 million Common Shares under the NCIB at a total cost of \$154.7 million. The difference between the total acquisition cost of these Common Shares and their average carrying value was charged to retained earnings. Retained earnings in the first quarter of 2025 were also reduced by \$2.4 million in respect of the two percent Canadian federal tax on net share repurchases. To March 31, 2025, the Company has purchased and cancelled a total of 5.7 million Common Shares under the NCIB at a total cost of \$177.0 million.

QUARTERLY INFORMATION

	2025	2024				2023		
	Q1	Q4	Q3	Q2	Q1	Q4	Q3	Q2
Petroleum and natural gas sales	266.6	459.3	404.8	443.6	452.3	470.5	463.8	374.4
Revenue	349.6	509.5	438.0	461.9	445.2	451.8	430.7	380.9
Net income	1,288.8	87.4	95.8	84.5	68.1	111.9	87.2	74.2
Per share – basic (\$/share)	8.90	0.60	0.65	0.58	0.47	0.78	0.61	0.52
Per share – diluted (\$/share)	8.74	0.59	0.64	0.57	0.46	0.75	0.59	0.50
Cash from operating activities	149.9	187.7	205.7	220.5	201.3	287.0	207.6	172.2
Per share – basic (\$/share) ⁽¹⁾	1.03	1.28	1.40	1.51	1.39	1.99	1.45	1.20
Per share – diluted (\$/share) ⁽¹⁾	1.02	1.26	1.38	1.47	1.35	1.93	1.40	1.16
Adjusted funds flow ⁽¹⁾	149.1	237.8	200.7	266.2	225.6	284.1	234.2	178.7
Per share – basic (\$/share)	1.03	1.62	1.37	1.82	1.56	1.97	1.64	1.25
Per share – diluted (\$/share)	1.01	1.59	1.34	1.78	1.52	1.91	1.58	1.21
Free cash flow ⁽¹⁾	(90.6)	52.8	(26.3)	20.3	(9.5)	59.7	18.5	30.5
Per share – basic (\$/share)	(0.63)	0.36	(0.18)	0.14	(0.07)	0.41	0.13	0.21
Per share – diluted (\$/share)	(0.63)	0.35	(0.18)	0.14	(0.07)	0.40	0.12	0.21
Distributions declared (\$/share)	15.25	0.45	0.45	0.425	0.375	0.375	0.375	0.375
Sales volumes								
Natural gas (MMcf/d)	179.6	317.3	294.5	296.8	318.7	326.2	323.1	290.2
Condensate and oil (Bbl/d)	20,542	42,835	38,770	39,206	40,908	40,290	38,161	34,230
Other NGLs (Bbl/d)	3,934	6,753	7,045	6,928	6,954	6,698	6,627	5,648
Total (Boe/d)	54,409	102,477	94,892	95,609	100,977	101,348	98,644	88,243
Liquids %	45%	48%	48%	48%	47%	46%	45%	45%
Realized prices ⁽¹⁾								
Natural gas (\$/Mcf)	3.25	1.99	1.37	1.69	2.84	2.79	2.67	2.43
Condensate and oil (\$/Bbl)	97.70	96.26	96.15	103.07	92.64	98.12	103.36	94.42
Other NGLs (\$/Bbl)	40.47	34.32	36.25	33.07	37.81	36.00	33.64	30.86
Petroleum and natural gas (\$/Boe)	54.43	48.72	46.37	50.99	49.24	50.46	51.11	46.63

(1) Adjusted funds flow and free cash flow are capital management measures used by Paramount. Each measure presented on a per share, \$/Bbl, \$/Mcf or \$/Boe basis, other than net income per share, is a supplementary financial measure. Refer to the "Specified Financial Measures" section of this MD&A for more information on these measures.

Significant Items Impacting Quarterly Results

Quarterly earnings variances include the impacts of changing sales volumes and realized prices.

- First quarter 2025 earnings include a \$1,619.1 million gain on the sale of oil and gas assets, \$383.0 million of deferred tax expense, \$23.7 million of transaction and reorganization costs and \$11.1 million of income related to the second interim payment from insurers for 2023 Alberta wildfire losses.
- Fourth quarter 2024 earnings include a \$25.3 million loss on risk management contracts and lower depletion and depreciation expense mainly from transferring the Sold Assets to held for sale during the fourth quarter of 2024.
- Third quarter 2024 earnings include a \$32.5 million gain on risk management contracts.
- Second quarter 2024 earnings include a \$36.0 million gain on risk management contracts, \$10.0 million related to the first interim payment from insurers for 2023 Alberta wildfire losses and \$7.9 million in dividends on the Company's investments in securities.
- First quarter 2024 earnings include a \$15.6 million gain on the sale of oil and gas assets.
- Fourth quarter 2023 earnings include a \$53.4 million gain on risk management contracts.
- Third quarter 2023 earnings include the impacts of higher sales volumes following the Alberta wildfires in the second quarter.
- Second quarter 2023 earnings include the impacts of the Alberta wildfires on sales volumes and netback.

OTHER INFORMATION

Paramount had the following contractual obligations at March 31, 2025: ⁽¹⁾

	Within one year	After one year but not more than three years	After three years but not more than five years	More than five years	Total
Transportation and processing commitments	58.3	170.8	212.8	796.1	1,238.0
Finance lease and other commitments	10.9	11.9	6.0	19.6	48.4
	69.2	182.7	218.8	815.7	1,286.4

(1) Excludes risk management liabilities and accounts payable and accrued liabilities. For additional information concerning the Company's risk management liabilities, refer to Note 11 in the Interim Financial Statements.

Transportation and processing commitments mainly relate to long-term firm service arrangements for the transportation and processing of the Company's sales volumes.

In connection with the first quarter 2025 Grande Prairie Disposition, the acquiror assumed Paramount's processing and transportation commitments and finance lease obligations related to the Sold Assets.

Contingencies

In the normal course of Paramount's operations, the Company may become involved in, named as a party to, or be the subject of, various legal proceedings, including regulatory proceedings, tax proceedings and legal actions. The outcome of outstanding, pending or future proceedings cannot be predicted with certainty. Paramount does not anticipate that these claims will have a material impact on its financial position.

Tax and royalty legislation and regulations, and government interpretation and administration thereof, continually change. As a result, there are often tax and royalty matters under review by government authorities. All tax and royalty filings are subject to subsequent government audit and potential reassessments. Accordingly, the final amounts may differ materially from amounts estimated and recorded.

INTERNAL CONTROL OVER FINANCIAL REPORTING

During the three months ended March 31, 2025, there was no change in the Company's internal control over financial reporting ("ICFR") that materially affected, or is reasonably likely to materially affect, the Company's ICFR.

Internal control systems, no matter how well designed, have inherent limitations. Therefore, even those systems determined to be effective can provide only reasonable assurance with respect to financial statement preparation and presentation. Also, projections of any evaluation of effectiveness to future periods are subject to the risk that controls may become inadequate because of changes in conditions, or that the degree of compliance with policies or procedures may deteriorate.

RISK FACTORS

Readers should, in conjunction with their review of this MD&A, carefully review the "Risk Factors" section in the Annual Information Form, which is available under the Company's profile on SEDAR+ at www.sedarplus.ca.

A variety of tariffs and retaliatory tariffs have been announced, threatened or imposed as between the United States and Canada and the United States and other nations. Risks exist as of the date of this MD&A that: (i) the tariffs and retaliatory tariffs imposed to date will remain in place for an extended period; (ii) additional tariffs and retaliatory tariffs will be imposed between the United States and Canada or between the United States and other nations; (iii) other actions will be taken to restrict or tax the trade of goods between the United States and Canada or between the United States and other nations; and/or (iv) action will be taken to amend or terminate existing trade agreements, including the United States-Mexico-Canada Agreement.

See the "Risk Factors – Tariffs and Other Trade Actions" section of the Annual Information Form for a description of the risks to the Company associated with existing or potential tariffs, export restrictions and/or export taxes. In addition, the existence of the conditions described above increases the Company's exposure to the risks described in the "Risk Factors" section of the Annual Information Form under "Volatility of NGLs, Natural Gas and Oil Prices and Price Differentials", "Uncertainty as to Costs", "Availability of Equipment, Materials and Services", "Market Price of Common Shares", "Investment Risk" and "Hedging, Interest Rates and Foreign Currency Exchange Rates".

PRODUCT TYPE INFORMATION

This MD&A includes references to sales volumes of "natural gas", "condensate and oil", "NGLs", "Other NGLs" and "liquids". "Natural gas" refers to shale gas and conventional natural gas combined. "Condensate and oil" refers to condensate, light and medium crude oil, tight oil and heavy crude oil combined. "NGLs" refers to condensate and Other NGLs combined. "Other NGLs" refers to ethane, propane and butane. "Liquids" refers to condensate and oil and Other NGLs combined. Below is a complete breakdown of sales volumes for applicable periods by the specific product types of shale gas, conventional natural gas, NGLs, light and medium crude oil, tight oil and heavy crude oil. Numbers may not add due to rounding.

	2025	2024				2023				Annual	
	Q1	Q4	Q3	Q2	Q1	Q4	Q3	Q2	Q1	2024	2023
SALES VOLUMES – TOTAL COMPANY BY PRODUCT TYPE											
Shale gas (MMcf/d)	134.2	269.2	249.0	243.1	268.5	271.8	276.7	246.0	265.2	257.5	265.2
Conventional natural gas (MMcf/d)	45.4	48.1	45.5	53.7	50.2	54.4	46.4	44.2	55.4	49.3	49.9
Natural gas (MMcf/d)	179.6	317.3	294.5	296.8	318.7	326.2	323.1	290.2	320.6	306.8	315.1
Condensate (Bbl/d)	18,817	41,243	36,830	36,825	38,332	37,522	35,984	32,341	34,706	38,311	35,148
Other NGLs (Bbl/d)	3,934	6,753	7,045	6,928	6,954	6,698	6,627	5,648	5,916	6,920	6,226
NGLs (Bbl/d)	22,751	47,996	43,875	43,753	45,286	44,220	42,611	37,989	40,622	45,231	41,374
Light and medium crude oil (Bbl/d)	971	792	1,235	1,566	1,595	1,636	1,154	942	2,151	1,296	1,469
Tight oil (Bbl/d)	396	393	368	466	592	699	627	538	599	454	616
Heavy crude oil (Bbl/d)	358	407	337	349	389	433	396	409	460	371	424
Crude oil (Bbl/d)	1,725	1,592	1,940	2,381	2,576	2,768	2,177	1,889	3,210	2,121	2,509
Total (Boe/d)	54,409	102,477	94,892	95,609	100,977	101,348	98,644	88,243	97,269	98,490	96,393

SALES VOLUMES – CENTRAL ALBERTA REGION AND OTHER											
Shale gas (MMcf/d)	17.6	19.7	14.2	20.3	36.4	27.5	25.9	28.2	29.4	22.6	27.7
Conventional natural gas (MMcf/d)	3.6	3.7	3.8	4.8	2.4	4.6	4.5	5.6	5.6	3.6	5.1
Natural gas (MMcf/d)	21.2	23.4	18.0	25.1	38.8	32.1	30.4	33.8	35.0	26.2	32.8
Condensate (Bbl/d)	2,992	3,120	1,964	2,273	3,233	1,364	859	994	1,025	2,646	1,061
Other NGLs (Bbl/d)	1,186	1,296	924	1,156	1,144	751	631	749	863	1,130	748
NGLs (Bbl/d)	4,178	4,416	2,888	3,429	4,377	2,115	1,490	1,743	1,888	3,776	1,809
Light and medium crude oil (Bbl/d)	28	20	11	22	22	34	23	28	30	19	29
Tight oil (Bbl/d)	234	220	160	239	239	267	303	264	393	214	306
Heavy crude oil (Bbl/d)	358	407	337	349	389	433	396	409	460	371	424
Crude oil (Bbl/d)	620	647	508	610	650	734	722	701	883	604	759
Total (Boe/d)	8,334	8,972	6,390	8,226	11,485	8,193	7,274	8,083	8,611	8,763	8,037

SALES VOLUMES – KAYBOB											
Shale gas (MMcf/d)	39.7	35.7	31.8	35.8	30.6	30.2	28.0	21.7	31.8	33.5	28.2
Conventional natural gas (MMcf/d)	41.8	44.3	41.6	48.8	47.7	49.6	41.7	38.4	49.6	45.6	44.6
Natural gas (MMcf/d)	81.5	80.0	73.4	84.6	78.3	79.8	69.7	60.1	81.4	79.1	72.8
Condensate (Bbl/d)	5,500	6,794	5,943	6,617	6,038	4,003	2,981	1,301	2,315	6,348	2,655
Other NGLs (Bbl/d)	1,292	1,480	1,403	1,599	1,480	1,209	1,188	891	988	1,490	1,070
NGLs (Bbl/d)	6,792	8,274	7,346	8,216	7,518	5,212	4,169	2,192	3,303	7,838	3,725
Light and medium crude oil (Bbl/d)	943	772	1,224	1,544	1,573	1,602	1,131	914	2,121	1,277	1,440
Tight oil (Bbl/d)	57	60	85	80	212	205	104	115	206	109	158
Crude oil (Bbl/d)	1,000	832	1,309	1,624	1,785	1,807	1,235	1,029	2,327	1,386	1,598
Total (Boe/d)	21,371	22,441	20,894	23,946	22,353	20,324	17,027	13,238	19,201	22,404	17,449

	2025	2024				2023				Annual	
	Q1	Q4	Q3	Q2	Q1	Q4	Q3	Q2	Q1	2024	2023
SALES VOLUMES – SOLD ASSETS											
Shale gas (MMcf/d)	76.9	213.8	203.0	187.0	201.5	214.1	222.8	196.1	204.0	201.4	209.3
Conventional natural gas (MMcf/d)	–	0.1	0.1	0.1	0.1	0.2	0.2	0.2	0.2	0.1	0.2
Natural gas (MMcf/d)	76.9	213.9	203.1	187.1	201.6	214.3	223.0	196.3	204.2	201.5	209.5
Condensate (Bbl/d)	10,325	31,329	28,293	27,935	29,061	32,155	32,144	30,046	31,366	29,317	31,432
Other NGLs (Bbl/d)	1,456	3,977	4,718	4,173	4,330	4,738	4,808	4,008	4,065	4,300	4,408
NGLs (Bbl/d)	11,781	35,306	33,641	32,108	33,391	36,893	36,952	34,054	35,431	33,617	35,840
Tight oil (Bbl/d)	105	113	123	147	141	227	220	159	–	131	152
Crude oil (Bbl/d)	105	113	123	147	141	227	220	159	–	131	152
Total (Boe/d)	24,704	71,064	67,608	63,437	67,139	72,831	74,343	66,922	69,457	67,323	70,907

2025 average sales volumes are expected to be between 37,500 Boe/d and 42,500 Boe/d (52% shale gas and conventional natural gas combined, 40% condensate, light and medium crude oil, tight oil and heavy crude oil combined and 8% other NGLs).

Prior to the start-up of the Alhambra Plant at Willesden Green, sales volumes are expected to average between 28,000 Boe/d and 32,000 Boe/d (54% shale gas and conventional natural gas combined, 37% condensate, light and medium crude oil, tight oil and heavy crude oil combined and 9% Other NGLs).

Fourth quarter 2025 average sales volumes are expected to be between 40,000 Boe/d and 45,000 Boe/d (48% shale gas and conventional natural gas combined, 43% condensate, light and medium crude oil, tight oil and heavy crude oil combined and 9% Other NGLs).

2025 year-end sales volumes exit rate is expected to be in excess of 45,000 Boe/d (48% shale gas and conventional natural gas combined, 43% condensate, light and medium crude oil, tight oil and heavy crude oil combined and 9% Other NGLs).

SPECIFIED FINANCIAL MEASURES

Non-GAAP Financial Measures

Netback and netback including risk management contract settlements are non-GAAP financial measures. These measures are not standardized measures under IFRS and might not be comparable to similar financial measures presented by other issuers. These measures should not be considered in isolation or construed as alternatives to their most directly comparable measure disclosed in the Company's primary financial statements or other measures of financial performance calculated in accordance with IFRS.

Netback equals petroleum and natural gas sales (the most directly comparable measure disclosed in the Company's primary financial statements) plus sales of commodities purchased less royalties, operating expense, transportation and NGLs processing expense and commodities purchased. Sales of commodities purchased and commodities purchased are treated as corporate items and are not allocated to individual regions or properties. Netback is used by investors and Management to compare the performance of the Company's producing assets between periods.

Netback including risk management contract settlements equals netback after including (or deducting) risk management contract settlements received (paid). Netback including risk management contract settlements is used by investors and Management to assess the performance of the producing assets after incorporating Management's risk management strategies.

A calculation of netback and netback including risk management contract settlements for the three months ended March 31, 2025 and 2024 is provided in this MD&A under "Operating Results – Netback".

Non-GAAP Ratios

Netback and netback including risk management contract settlements presented on a \$/Boe basis are non-GAAP ratios as they each have a non-GAAP financial measure (netback and netback including risk management contract settlements, respectively) as a component. These measures are not standardized measures under IFRS and might not be comparable to similar financial measures presented by other issuers. These measures should not be considered in isolation or construed as alternatives to their most directly comparable measure disclosed in the Company's primary financial statements or other measures of financial performance calculated in accordance with IFRS.

Netback on a \$/Boe basis is calculated by dividing netback for the applicable period by the total sales volumes during the period in Boe. Netback including risk management contract settlements on a \$/Boe basis is calculated by dividing netback including risk management contract settlements for the applicable period by the total sales volumes during the period in Boe. These measures are used by investors and Management to assess netback and netback including risk management contract settlements on a unit of sales volumes basis.

Capital Management Measures

Adjusted funds flow, free cash flow, net (cash) debt and net debt to adjusted funds flow are capital management measures that Paramount utilizes in managing its capital structure. These measures are not standardized measures and therefore may not be comparable with the calculation of similar measures by other entities. Refer to Note 15 in the Interim Financial Statements for a description of the composition and use of these measures. Refer also to the "Liquidity and Capital Resources" section in this MD&A.

A reconciliation of adjusted funds flow to cash from operating activities, the most directly comparable measure disclosed in the Company's primary financial statements, for the three months ended March 31, 2025 and 2024 is provided in this MD&A under "Consolidated Results – Adjusted Funds Flow".

A reconciliation of free cash flow to cash from operating activities, the most directly comparable measure disclosed in the Company's primary financial statements, for the three months ended March 31, 2025 and 2024 is provided in this MD&A under "Consolidated Results – Free Cash Flow".

A calculation of net (cash) debt as at March 31, 2025 and December 31, 2024 is provided in this MD&A under the "Liquidity and Capital Resources" section. Paramount's net debt to adjusted funds flow ratio was considered not meaningful at March 31, 2025, as the Company was not in a net debt position. The Company's net debt to adjusted funds flow ratio (determined on a trailing four quarter basis) was 0.2x at December 31, 2024.

Supplementary Financial Measures

This MD&A contains supplementary financial measures expressed as: (i) cash from operating activities, adjusted funds flow and free cash flow on a per share – basic and per share – diluted basis, (ii) petroleum and natural gas sales, adjusted funds flow, revenue, royalties, operating expenses, transportation and NGLs processing expenses, sales of commodities purchased and commodities purchased on a \$/Bbl, \$/Mcf or \$/Boe basis and (iii) royalty rate.

Cash from operating activities, adjusted funds flow and free cash flow on a per share – basic basis are calculated by dividing cash from operating activities, adjusted funds flow or free cash flow, as applicable, over the referenced period by the weighted average basic shares outstanding during the period determined under IFRS. Cash from operating activities, adjusted funds flow and free cash flow on a per share – diluted basis are calculated by dividing cash from operating activities, adjusted funds flow or free cash flow, as applicable, over the referenced period by the weighted average diluted shares outstanding during the period determined under IFRS.

Petroleum and natural gas sales, adjusted funds flow, revenue, royalties, operating expenses, transportation and NGLs processing expenses, sales of commodities purchased and commodities purchased on a \$/Bbl, \$/Mcf or \$/Boe basis are calculated by dividing petroleum and natural gas sales, adjusted funds flow, revenue, royalties, operating expenses, transportation and NGLs processing expenses, sales of commodities purchased and commodities purchased, as applicable, over the referenced period by the aggregate units (Bbl, Mcf or Boe) of sales volumes during such period.

Royalty rate is calculated by dividing royalties by petroleum and natural gas sales less natural gas transportation assignment income and royalty income and other revenue.

ADVISORIES

Forward-looking Information

Certain statements in this MD&A constitute forward-looking information under applicable securities legislation. Forward-looking information typically contains statements with words such as "anticipate", "believe", "estimate", "will", "expect", "plan", "schedule", "intend", "propose", or similar words suggesting future outcomes or an outlook. Forward-looking information in this document includes, but is not limited to:

- planned capital expenditures in 2025 and the allocation thereof;
- expected average sales volumes for 2025 and certain periods therein;
- the expected 2025 exit rate of production;
- planned abandonment and reclamation expenditures in 2025;
- the expected timing of completion of the detailed engineering and design, regulatory and other activities related to the potential new dry gas processing facility at Sinclair and the expected cost thereof;
- the expected timing of completion of phase one of the Alhambra Plant;
- the expected sources of funding for forecast 2025 capital expenditures, abandonment and reclamation expenditures and regular monthly dividends; and
- the anticipation that legal proceedings will not have a material impact on Paramount's financial position.

Such forward-looking information is based on a number of assumptions which may prove to be incorrect. Assumptions have been made with respect to the following matters, in addition to any other assumptions identified in this document:

- future commodity prices;
- the potential scope and duration of tariffs, export taxes, export restrictions or other trade actions;
- the impact of international conflicts, including in Ukraine and the Middle East;
- royalty rates, taxes and capital, operating, general & administrative and other costs;
- foreign currency exchange rates, interest rates and the rate and impacts of inflation;
- general business, economic and market conditions;

- the performance of wells and facilities;
- the availability to Paramount of the funds required for exploration, development and other operations and the meeting of commitments and financial obligations;
- the ability of Paramount to obtain equipment, materials, services and personnel in a timely manner and at expected and acceptable costs to carry out its activities;
- the ability of Paramount to secure adequate processing, transportation, fractionation, disposal and storage capacity on acceptable terms and the capacity and reliability of facilities, pipelines and other infrastructure;
- the ability of Paramount to obtain the volumes of water required for completion activities;
- the ability of Paramount to market its production successfully;
- the ability of Paramount and its industry partners to obtain drilling success (including in respect of anticipated sales volumes, reserves additions, product yields and product recoveries) and operational improvements, efficiencies and results consistent with expectations;
- the timely receipt of required governmental and regulatory approvals;
- the application of regulatory requirements respecting abandonment and reclamation;
- the merits of outstanding and pending legal proceedings; and
- anticipated timelines and budgets being met in respect of: (i) drilling programs and other operations, including well completions and tie-ins, (ii) the design, construction, commissioning and start-up of new and expanded Company and third-party facilities, pipelines and other infrastructure, including the Alhambra Plant at Willesden Green, and (iii) facility turnarounds and maintenance.

Although Paramount believes that the expectations reflected in such forward-looking information are reasonable based on the information available at the time of this MD&A, undue reliance should not be placed on the forward-looking information as Paramount can give no assurance that such expectations will prove to be correct. Forward-looking information is based on expectations, estimates and projections that involve a number of risks and uncertainties which could cause actual results to differ materially from those anticipated by Paramount and described in the forward-looking information. The material risks and uncertainties include, but are not limited to:

- those risks set out in this MD&A under "Risk Factors";
- fluctuations in commodity prices;
- changes in capital spending plans and planned exploration and development activities;
- changes in political and economic conditions, including risks associated with tariffs, export taxes, export restrictions or other trade actions;
- changes in foreign currency exchange rates, interest rates and the rate of inflation;
- the uncertainty of estimates and projections relating to future production, product yields (including condensate to natural gas ratios), revenue, cash flows, reserves additions, product recoveries, royalty rates, taxes and costs and expenses;
- the ability to secure adequate processing, transportation, fractionation, disposal and storage capacity on acceptable terms;
- operational risks in exploring for, developing, producing and transporting natural gas and liquids, including the risk of spills, leaks or blowouts;
- risks associated with wildfires, including the risk of physical loss or damage to wells, facilities, pipelines and other infrastructure, prolonged disruptions in production, restrictions on the ability to access properties, interruption of electrical and other services and significant delays or changes to planned development activities and facilities maintenance;
- the ability to obtain equipment, materials, services and personnel in a timely manner and at expected and acceptable costs, including the potential effects of inflation and supply chain disruptions;

- potential disruptions, delays or unexpected technical or other difficulties in designing, developing, expanding or operating new, expanded or existing facilities, pipelines and other infrastructure, including third-party facilities and the Alhambra Plant at Willesden Green;
- processing, transportation, fractionation, disposal and storage outages, disruptions and constraints;
- potential limitations on access to the volumes of water required for completion activities due to drought, conditions of low river flow, government restrictions or other factors;
- risks and uncertainties involving the geology of oil and gas deposits;
- the uncertainty of reserves estimates;
- general business, economic and market conditions;
- the ability to generate sufficient cash from operating activities to fund, or to otherwise finance planned exploration, development and operational activities and meet current and future commitments and obligations (including asset retirement obligations, processing, transportation, fractionation and similar commitments and obligations);
- changes in, or in the interpretation of, laws, regulations or policies (including environmental laws);
- the ability to obtain required governmental or regulatory approvals in a timely manner and to obtain and maintain leases and licenses, including those required for the Alhambra Plant at Willesden Green;
- the effects of weather and other factors including wildlife and environmental restrictions which affect field operations and access;
- uncertainties as to the timing and cost of future abandonment and reclamation obligations and potential liabilities for environmental damage and contamination;
- uncertainties regarding Indigenous claims and in maintaining relationships with local populations and other stakeholders;
- the outcome of existing and potential lawsuits, regulatory actions, audits and assessments; and
- other risks and uncertainties described elsewhere in this document and in Paramount's other filings with Canadian securities authorities.

There are risks that may result in the Company changing, suspending or discontinuing its monthly dividend program, including changes to its free cash flow, operating results, capital requirements, financial position, market conditions or corporate strategy and the need to comply with requirements under debt agreements and applicable laws respecting the declaration and payment of dividends. There are no assurances as to the continuing declaration and payment of future dividends or the amount or timing of any such dividends.

The foregoing list of risks is not exhaustive. For more information relating to risks, see the section titled "Risk Factors" in Paramount's Annual Information Form for the year ended December 31, 2024, which is available on SEDAR+ at www.sedarplus.ca. The forward-looking information contained in this document is made as of the date hereof and, except as required by applicable securities law, Paramount undertakes no obligation to update publicly or revise any forward-looking statements or information, whether as a result of new information, future events or otherwise.

Oil and Gas Measures and Definitions

Liquids		Natural Gas	
Bbl	Barrels	Mcf	Thousands of cubic feet
Bbl/d	Barrels per day	MMcf/d	Millions of cubic feet per day
NGLs	Natural gas liquids	GJ	Gigajoules
Condensate	Pentane and heavier hydrocarbons	GJ/d	Gigajoules per day
WTI	West Texas Intermediate	MMBtu	Millions of British Thermal Units
		MMBtu/d	Millions of British Thermal Units per day
		NYMEX	New York Mercantile Exchange
		AECO	AECO-C reference price
Oil Equivalent			
Boe	Barrels of oil equivalent		
Boe/d	Barrels of oil equivalent per day		

This MD&A contains disclosures expressed as "Boe", "\$/Boe" and "Boe/d". Natural gas equivalency volumes have been derived using the ratio of six thousand cubic feet of natural gas to one barrel of oil when converting natural gas to Boe. Equivalency measures may be misleading, particularly if used in isolation. A conversion ratio of six thousand cubic feet of natural gas to one barrel of oil is based on an energy equivalency conversion method primarily applicable at the burner tip and does not represent a value equivalency at the well head. For the three months ended March 31, 2025, the value ratio between crude oil and natural gas was approximately 49:1. This value ratio is significantly different from the energy equivalency ratio of 6:1. Using a 6:1 ratio would be misleading as an indication of value.